

The logo features the word "LAB" in a large, bold, serif font. The letter "A" is replaced by a detailed illustration of a laboratory flask containing a liquid. Below "LAB", the word "NOTES" is written in a bold, white, serif font, set against a dark grey rectangular background.

**LAB**  
**NOTES**

Investigation Journal For

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**Research Question:**

# Scientific Journaling

You are expected to write in your journal every day you work on your investigation.

Sometimes you will have lengthy reflections, sometimes just a sentence or two.

## **What to include in your journal:**

- *The date*
- What you did that day
- What you learned that day
- Anything unexpected that happened
- Problems that were encountered
- How the problems were solved
- What problems still need to be solved
- What else needs to be accomplished
- Your plan(s) for the next day

